

May 2025 Menu



***All meals served with condiments- chicken (BBQ sauce, Teriyaki sauce, Ketchup) French toast/Pancakes (syrup), Biscuits (jelly)**

		Ages 3-5	Monday	Tuesday	Wednesday	Thursday 1	Friday 2
Breakfast	Milk	¾ cup				Low/ Fat- Free Milk 1%	Low/ Fat- Free Milk 1%
	Fruit / Vegetable	½ cup				Apples	Oranges
	Grain/Meat	½ oz eq				Bean Burrito	Cereal
Lunch	Milk	¾ cup				Low/ Fat- Free Milk 1%	Low/ Fat- Free Milk 1%
	Vegetable	¼ cup				Corn	Mix vegetables
	Fruit	¼ cup				Cantaloupe	Oranges
	Grain	½ oz eq				Pitta bread	W.G bread
	Meat/ Meat Alternative	1 ½ oz				Cheese Pizza	Grilled chicken
Snack	Milk	½ cup				Water	Water
	Fruit	½ cup				Blueberries	Fruit juice
	Vegetable	½ cup					
	Grain	½ oz eq				Yogurt	Vanilla wafers
	Meat / Meat Alternate	½ oz					

May 2025 Menu



		Ages 3-5	Monday 5	Tuesday 6	Wednesday 7	Thursday 8	Friday 9
Breakfast	Milk	¾ cup	Low/ Fat- Free Milk 1%	Low/ Fat- Free Milk 1%	Low/ Fat- Free Milk 1%	Low/ Fat- Free Milk 1%	Low/ Fat- Free Milk 1%
	Fruit / Vegetable	½ cup	Bananas	Apples	Oranges	Bananas	Cantaloupe
	Grain/Meat	½ oz eq	Cereal	Bean burrito	Pancakes	Yogurt	Cereal
Lunch	Milk	¾ cup	Low/ Fat- Free Milk 1%	Low/ Fat- Free Milk 1%	Low/ Fat- Free Milk 1%	Low/ Fat- Free Milk 1%	Low/ Fat- Free Milk 1%
	Vegetable	¼ cup	Corn	Cabbage	Carrots	Corn	Carrots
	Fruit	¼ cup	Apples	Oranges	Apples	Oranges	Apples
	Grain	½ oz eq	W.G bread	Tortilla	W.G bread	W.G bread	Tortillas
	Meat/ Meat Alternative	1 ½ oz	Ground Turkey tacos	Chicken enchiladas	Ground turkey sliders	Chicken Alfredo	Cheese Pizza
Snack	Milk	½ cup	Water	Water	Water	Water	Water
	Fruit	½ cup	Fruit juice	Fruit juice	Fruit juice		Strawberries
	Vegetable	½ cup				Tomato salsa	
	Grain	½ oz eq	Cerely with Ritz cracker	Vanilla wafers	Muffins	Saltine crackers	Banana bread
	Meat / Meat Alternate	½ oz					

May 2025 Menu



--	--	--	--	--	--	--	--

May 2025 Menu



		Ages 3-5	Monday 12	Tuesday 13	Wednesday 14	Thursday 15	Friday 16
Breakfast	Milk	¾ cup	Low/ Fat- Free Milk 1%	Low/ Fat- Free Milk 1%	Low/ Fat- Free Milk 1%	Low/ Fat- Free Milk 1%	Low/ Fat- Free Milk 1%
	Fruit / Vegetable	½ cup	Oranges	Bananas	Cantaloupe	Bananas	Cantaloupe
	Grain/Meat	½ oz eq	Cereal	Oatmeal	Pancakes	Pizza bagel	Cereal
Lunch	Milk	¾ cup	Low/ Fat- Free Milk 1%	Low/ Fat- Free Milk 1%	Low/ Fat- Free Milk 1%	Low/ Fat- Free Milk 1%	Low/ Fat- Free Milk 1%
	Vegetable	¼ cup	Corn	Carrots	Broccoli	Carrots	Corn
	Fruit	¼ cup	Apples	Oranges	Apples	Oranges	Apples
	Grain	½ oz eq	W.G bread	W.G bread	Tortilla	W.G Bread	W.G bread
	Meat/ Meat Alternative	1 ½ oz	Ground Turkey Meatballs	Grilled chicken	Ground turkey tacos	Ground Turkey spaghetti	BBQ chicken
Snack	Milk	½ cup	Water	Water	Water	Water	Water
	Fruit	½ cup	Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice
	Vegetable	½ cup					
	Grain	½ oz eq	Vanilla wafers	W toast w. jelly	Graham crackers	Cheese toast	Ritz crackers
	Meat / Meat Alternate	½ oz					

May 2025 Menu



	Ages 3-5	Monday 19	Tuesday 20	Wednesday 21	Thursday 22	Friday 23
Breakfast	Milk	¾ cup	Low/ Fat- Free Milk 1%	Low/ Fat- Free Milk 1%	Low/ Fat- Free Milk 1%	Low/ Fat- Free Milk 1%
	Fruit / Vegetable	½ cup	Strawberries	Bananas	Oranges	Apples
	Grain/Meat	½ oz eq	Cereal	French toast	Pancakes	Quesadilla
Lunch	Milk	¾ cup	Low/ Fat- Free Milk 1%	Low/ Fat- Free Milk 1%	Low/ Fat- Free Milk 1%	Low/ Fat- Free Milk 1%
	Vegetable	¼ cup	Broccoli	Carrots	Corn	Broccoli
	Fruit	¼ cup	Oranges	Apple sauce	Apples	Oranges
	Grain	½ oz eq	Tortillas	W.G bread	Tortillas	W.G bread
	Meat/ Meat Alternative	1 ½ oz	Chicken tacos	Ground turkey spaghetti	Ground beef tacos	Cheese pizza
Snack	Milk	½ cup	Water	Water	Water	Water
	Fruit	½ cup	Fruit Juice	Blueberries	Fruit Juice	Fruit Juice
	Vegetable	½ cup				Cucumber w. lime juice
	Grain	½ oz eq	W. bread	Oatmeal	Ritz crackers	Bagel w. cream cheese
	Meat / Meat Alternate	½ oz	Turkey ham and cheese		Cheese	

May 2025 Menu



		Ages 3-5	Monday 26	Tuesday 27	Wednesday 28	Thursday 29	Friday 30
Breakfast	Milk	¾ cup	Low/ Fat- Free Milk 1%	Low/ Fat- Free Milk 1%	Low/ Fat- Free Milk 1%	Low/ Fat- Free Milk 1%	Low/ Fat- Free Milk 1%
	Fruit / Vegetable	½ cup	Oranges	Bananas	Strawberries	Apples	Oranges
	Grain/Meat	½ oz eq	Cereal	Biscuits & jelly	Cheese toast	French toast	Cereal
Lunch	Milk	¾ cup	Low/ Fat- Free Milk 1%	Low/ Fat- Free Milk 1%	Low/ Fat- Free Milk 1%	Low/ Fat- Free Milk 1%	Low/ Fat- Free Milk 1%
	Vegetable	¼ cup	Corn	Broccoli	Corn	Mix vegetables	Broccoli
	Fruit	¼ cup	Apples	Oranges	Oranges	Cantaloupe	Bananas
	Grain	½ oz eq	Tortillas	W.G bread	W.G bread	W.G bread	W.G bread
	Meat/ Meat Alternative	1 ½ oz	Ground beef tacos	Cheese pizza	Chicken Alfredo	Ground Turkey spaghetti	BBQ Chicken
Snack	Milk	½ cup	Water	Water	Water	Water	Water
	Fruit	½ cup	Fruit Juice	Fruit Juice	Fruit juice		Fruit juice
	Vegetable	½ cup				Hummus	Sweet potato fries
	Grain	½ oz eq	Vanilla wafers	Yogurt w. granola	Pancake bites	Pitta bread	
	Meat / Meat Alternate	½ oz					